



## **Diversity & Inclusion** - Cultivating Your Cultural Intelligence



### Audience:

All Staff



### Duration:

1 day on-line  
workshop or 1 day  
classroom event



Level: Foundation

# Cultivating Your Cultural Intelligence

High cultural intelligence gives you a deeper insight into your diverse customers, colleagues and the differences in organisational working styles. When you're working in a diverse environment, you need to make a real effort to understand the cultural backgrounds, beliefs and attitudes of the people around you. The workshop goal is to offer an opportunity to learn about the impact of cultural diversity, appreciate what cultural intelligence is and to understand how you can build it.

### Delegates will:

- Develop ability in working and relating effectively with people from different cultural backgrounds.
- Understand the limits of their own CQ and know how to improve it.
- Describe the meaning of each of the cultural value dimensions.
- List ways to minimise the barriers to cross-cultural communication.
- Assess their own work and how to adjust it to apply CQ.

## Our Approach

Learning without context rarely sticks and rarely changes behaviour. We focus on integrating learning with work and on the effective application of learning in the workplace. We create a climate of high support and challenge to stretch people to increase self-awareness. During the course our facilitators will deliver seek to:

- **Appreciative Inquiry** - build on clients' successes and strengths, enabling individuals and teams to appreciate what they could do better and what they are currently doing well.
- **Constructive Challenge** - stretch our clients to create new reference points for what they can achieve.
- **Enjoyable** – create an environment of laughter, humour, and emotional engagement

## Related Courses

### Foundation



### Intermediate

